

# WINNING IN THE WILDERNESS

OVERCOMING SATAN'S LIES  
WITH GOD'S TRUTH

WEEK #1: FEELINGS



# CONTENTS

## How To Lead Your YCI Club



### **Play**

Play a game together.



### **Pray**

Spend time praising and thanking God in prayer.



### **Grow**

Learn from Scripture about who God says He is and how we should respond to Him.



### **Go**

Serve others in your community with your YCI club members.



# BEAR, NINJA, COP



This game is a full-body remix of *Rock, Paper, Scissors*. Everyone in the room should stand back-to-back with a partner. The "game master" will then count down by naming the three character options ("bear... ninja... cop... GO!") On "GO!" everyone in the room will turn around and act out one of the three characters. The bear beats the ninja, the ninja beats the cop, and the cop beats the bear.

The losing player is out, and the winner finds a new partner. The last person remaining is the winner of the game!



***Ask God For His Will To  
Be Done In The  
Following Areas:***

## **Club Time**

Pray that God will speak to everyone in the room through His Word.

## **Group Needs**

Take time to discuss and pray over the personal needs and requests of those in attendance.

## **School Community**

Ask God to move in situations that are unique to your school and community.



# **LIE #1: YOUR FEELINGS MUST BE FOLLOWED**

*Luke 4:1-4 ESV*

"And Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness (2) for forty days, being tempted by the devil. And he ate nothing during those days. And when they were ended, he was hungry. (3) The devil said to him, "If you are the Son of God, command this stone to become bread." (4) And Jesus answered him, "It is written, 'Man shall not live by bread alone.'"



## **3 Keys To Fighting Tempting Feelings**

### **Key #1: Trust**

Unsurprisingly, Jesus was hungry after going 40 days without eating. His feeling of hunger must have been significant, but He recognized that He was following the leading of the Holy Spirit (Luke 4:1). Similarly, when we allow God to lead our steps, we can trust that He will help us navigate strong feelings and emotions that are in opposition to His will.

### **Key #2: Vision**

The enemy tempted Jesus to turn a nearby stone into bread (Luke 4:3). He was able to overcome this lie because He knew that His Father's "big picture" mission for Him was more significant than having a bite to eat. When we truly recognize that God wants to use us to impact our world, it helps us to obey Him in ordinary moments.

### **Key #3: Scripture**

Jesus combatted Satan's lies with Scripture (Luke 4:4). We can only overcome lies when we know the truth, and the Bible is the only perfect source of truth we have. It is essential that we spend time reading, studying and applying God's Word.





## Consider This Before You Leave



### Big Idea

In the same way that Jesus felt hunger in the wilderness, we will face moments when we are tempted to forfeit our calling and embrace tempting feelings. In these moments, it is essential for us to trust God, consider our purpose and fill our hearts with Scripture.



### Sharing Truth

Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.



### Meeting Needs

What is something your YCI club can do to show God's love this semester?



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