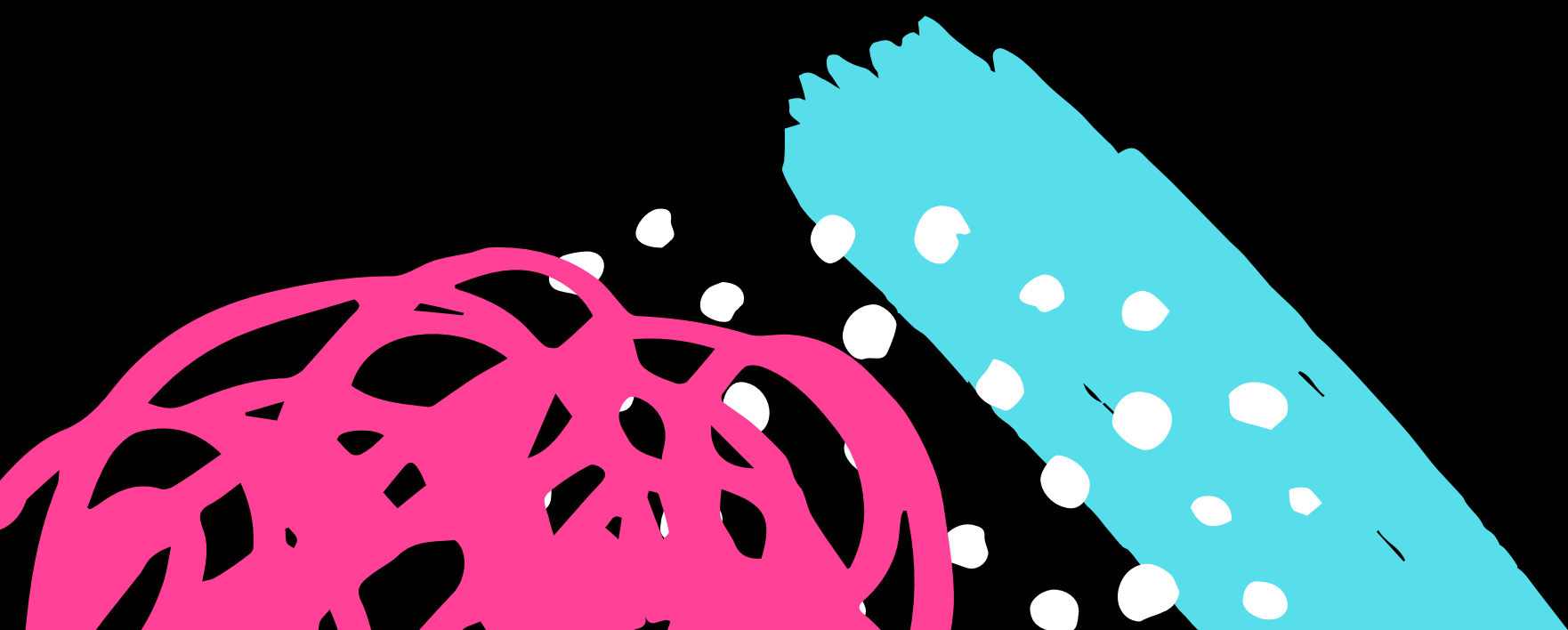


# The Source

Trusting The Great  
*"I Am"*

For Everything  
I Need

**Week 1: Life & Light**



# Contents

## How To Lead Your YCI Club:



### **PLAY**

Play a game together.

### **PRAY**

Spend time praising and thanking God in prayer.

### **GROW**

Learn from Scripture about who God says He is and how we should respond to Him.

### **GO**

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



PLAY



# SECRET DANCER

First, the YCI club should stand in one large circle. Next, one attendee should be chosen as the "detective".

Once the detective has left the room, another attendee should be chosen as the "secret dancer". This attendee will need to pick a dance move, and everyone should then copy their movements.

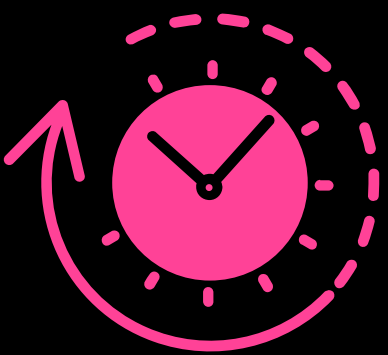
Once everyone is dancing, the detective should be called back into the room. The detective has three guesses to identify who the secret dancer is.

In order to further confuse the detective, the secret dancer should periodically change their dance moves. This game can be repeated for as long as time allows!



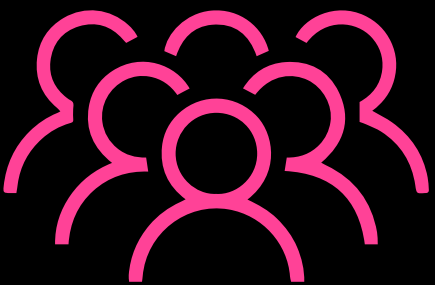
# Ask God for His will to be done in the following areas:

## Club Time



Pray that God will speak to everyone in the room through His Word.

## Group Needs



Take time to discuss and pray over the personal needs and requests of those in attendance.

## School Community



Ask God to move in situations that are unique to your school and community.

# The Source Of:

## Life

"**32** Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. **33** For the bread of God is he who comes down from heaven and gives life to the world." **34** They said to him, "Sir, give us this bread always." **35** Jesus said to them, "***I am the bread of life***; whoever comes to me shall not hunger, and whoever believes in me shall never thirst."

(John 6:32–35 ESV Emphasis Added)

# The Source Of:

## Light

"**10** Jesus stood up and said to her, "Woman, where are they? Has no one condemned you?" **11** She said, "No one, Lord." And Jesus said, "Neither do I condemn you; go, and from now on sin no more." **12** Again Jesus spoke to them, saying, "***I am the light of the world***. Whoever follows me will not walk in darkness, but will have the light of life."

(John 8:10–12 ESV Emphasis Added)



## What does Jesus being "**the bread of life**" mean?

The crowds continued to follow Jesus after He fed over 5,000 people with five loaves of bread and two fish. When they wanted Him to repeat the miracle, He compared Himself to the "manna" (food from above that God provided to the Israelites as they sought the promised land in the Old Testament). When Jesus says that He is "the bread of life", He is telling the crowd (and us) that what we truly need is *Him*, not the stuff He can provide. Bread (food) satisfies our body, but only Jesus can satisfy our *soul*.

## What does Jesus being "**the light of the world**" mean?

Jesus makes this declaration after a conversation with a woman who was caught in sin. Instead of holding her mistake against her, He provides her with a second chance. Jesus' forgiveness angered the religious leaders, and He responds to their anger by saying that the woman (and us) can only truly walk in purity by placing her trust in Him. *He* is the only light that can provide hope in our dark world.





## How To Connect With **The Source** Through Reading **The Bible**:

God has given us His Word (the Bible) as the only perfect source of truth. Even though the words were written thousands of years ago, they are still relevant for us today (2 Tim. 3:16-17). When you read the Bible, the S.O.A.P. (Scripture, Observation, Application, Prayer) method can help you better understand and apply what you are reading:

### **Scripture**

Word for word, write down one verse or a collection of verses that "jump out" to you.

### **Observation**

Write down what the verse means in its context (*Who is writing? Who are they writing to? What takes place before and after? What was the world like when the words were first written? How do these words connect with other verses in the Bible?*).

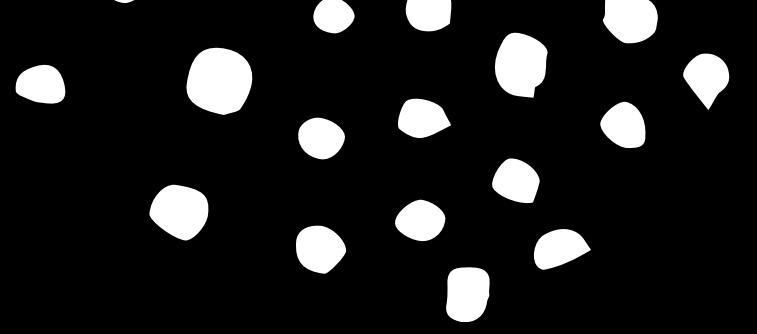
### **Application**

How does this portion of Scripture change your life today?

### **Prayer**

Write to God, and ask Him to help you walk out this truth.





# Consider This Before You Leave:

## Big Idea

Jesus is the life and satisfaction we long for, and He is the light we need to escape the darkness in our world. One way to grow closer to Him is through the reading, studying and application of Scripture.

## Sharing Truth

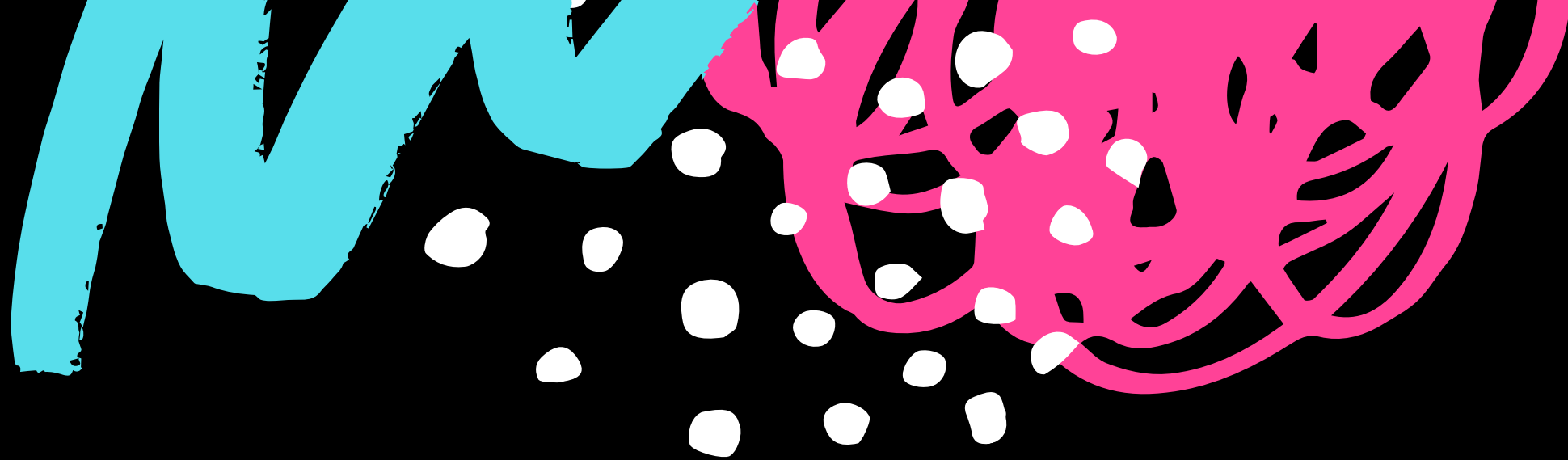
Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

## Meeting Needs

What is something your YCI club can do to show God's love this semester?







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